

**“So What?”**  
**Ephesians 4:1**  
**Sermon Series: “The Walk”**

**Introduction:** I said last week that this was one message in two parts because of time so let’s begin today by reviewing. Here is the main idea and the statements I made to develop it last week.

**Main Idea: We live out what Jesus expects of us by living out of what Jesus has done for us.**

- 1. We see the gospel as the means of our salvation AND spiritual growth. [not just the diving board but the pool also]**
- 2. We live a new life out of a new heart.**
- 3. We realize that the Christian life is not behavior modification but total life transformation into Christlikeness.**
- 4. We keep our focus on Jesus and what He has done for us.**

Last week we focused on the “living out of what Jesus has done for us” aspect of the main idea. Today, we are going to focus on the “live out what Jesus expects of us” aspect of the statement. The Christian life is certainly lived by Jesus living in and through us. However, that does not negate the reality of us living it out. It does not negate effort on our part. After all, we are commanded to “walk worthy,” which clearly speaks of action on our part. Philippians 2:12-13 says, “Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for His good pleasure.”

**Here are some truths we need to understand and apply in order to “live out what Jesus expects of us.”**

- 1. God expects us to walk in obedience as followers of Jesus (Luke 6:46; James 1:22, 2:17; 1 John 2:3-6, 5:2-3).** Last week,

we saw that legalism is a perversion of the gospel. Another perversion of the gospel is license, or antinomianism, which literally means “against the law.” Jen Wilkin writes, “Obedience is only moralism if we believe it curries favor with God. The believer knows that it is impossible to curry favor with God, because God needs nothing from us. He cannot be put in our debt. Knowing this frees us to obey out of joyful gratitude rather than servile grasping.”

- 2. The reason this can seem so difficult is because we have two natures as believers (Romans 7:13-25).**
- 3. We can get up and start walking again when we fall (Proverbs 24:16, Proverbs 28:13, 1 John 1:5-9, James 5:16).** We are secure in the finished work of Christ even though we are all works in progress.
- 4. It takes discipline to have a daily walk (1 Timothy 4:7, 1 Corinthians 9:24-27).**
- 5. We can actually live this out by walking in the Spirit (Galatians 5:16-25).** Walking in the Spirit keeps us from license (“you shall not fulfill the lust of the flesh”) and legalism (“you are not under the law”). “Walking in the Spirit” means to live in dependence upon and under the control of the Holy Spirit on an ongoing basis.

**Practical Keys To Walking In The Spirit:**

- A. Confession of sin**
- B. Surrender to Jesus**
- C. Faith**
- D. Asking**
- E. Being in the Word of God**